

# marieclaire

MAY 2014 £3.90

**327**  
**FEEL**  
**GOOD**  
**FASHION**  
**IDEAS**

**Kristen Stewart**  
on friendships,  
risk-taking  
and romance

**EX**  
**LIES**  
**DOES**  
**FIDELITY**  
**HAVE TO**  
**MEAN**  
**THE END?**

**'I ESCAPED A**  
**NORTH KOREAN**  
**PRISON CAMP.'**  
**ONE WOMAN'S**  
**SURVIVAL STORY**

**MEANS!**  
not new styles  
you'll look  
amazing in

**FAIL THAT**  
**PROMOTION**  
**5-STEP CAREER**  
**STRATEGY PLAN**

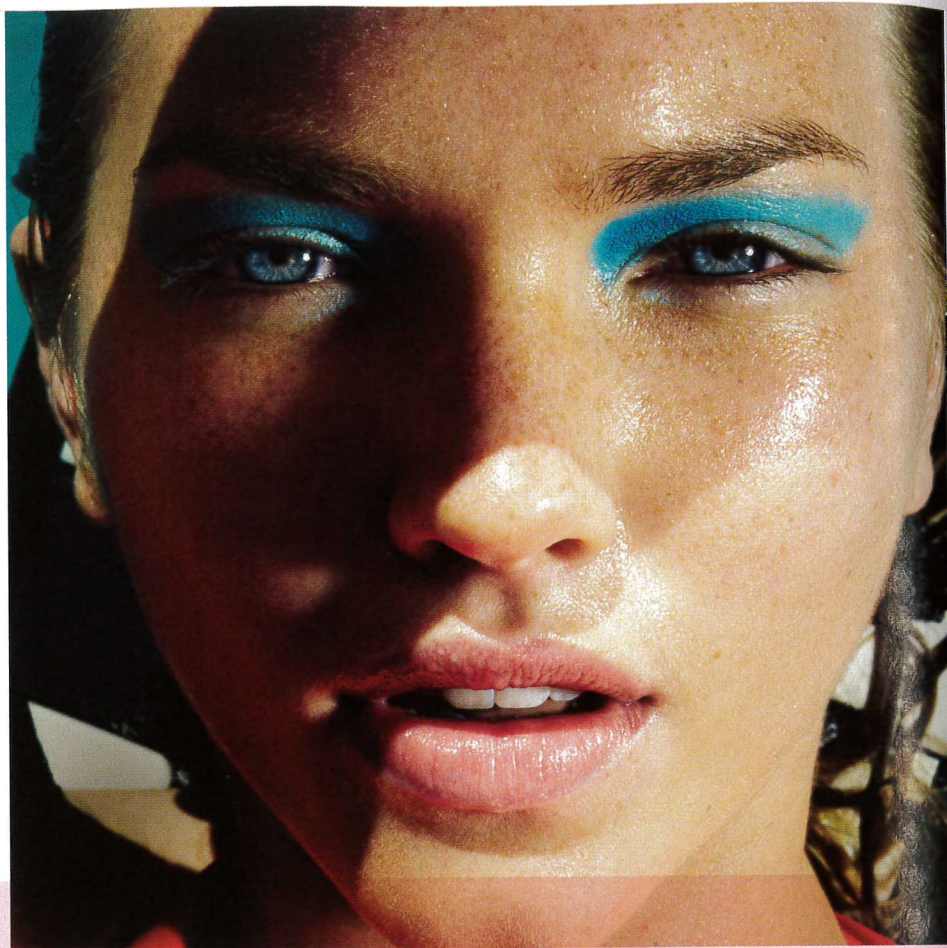
**Spring Beauty**



**W**ith around 25,000 reviews on YouTube, electric face brushes should already be on your radar. Producing up to 300 movements per second, they can remove six times more make-up and twice as much dirt as your fingers. 'Cleansing brushes remove hard-to-budge foundations and get into the nooks around oilier, more clog-prone zones, like the nose, without applying brute force,' says dermatologist Dr Sam Bunting. Just add water and cleanser.

Their repertoire includes exfoliating and encouraging cell renewal, stimulating a 10 per cent increase in blood circulation, plus speedier results from your skincare regime. There are even claims of acne scars fading.

And the choices are vast: sonic, vibrating, rotating, pulsing – the list goes on, but the collective aim is to achieve thorough pore polishing with minimal drag on the skin. The luxe models can move 50 times the speed of their budget counterparts, but the price reflects that. We're in.



SKIN SCIENCE

# Deep-cleansing BRUSHES

Can a whizzy washer *really* transform your complexion? Jess Lacey gives them a whirl...



**1 No7 Beautiful Skin Cleansing Brush, £24.95**  
The first speed had sufficient vigour to buff my skin into looking brighter within days. It also helped clear dry patches and I've not had a spot since.

**2 Olay Regenerist 3 Point Super Cleansing System, £39.99**  
Simple to use – just the one on-off button and nozzle to negotiate; great for those with a tendency to sleep in make-up.

**3 Clarisonic Aria, £155**  
My face squeaked it was so clean, and I'm convinced a small a scar on my chin has faded. Friends have said my skin looks rosy – it's certainly in the best shape I can remember.

**4 Rio Soniclense, £49.99**  
I found the best way to use it was in the shower when my face already had cleanser on. Afterwards my moisturiser sank in much quicker, so I felt I was getting more from my skincare.

**5 Magnitone Pulsar, £129**  
Could've done without the spluttering all over the bathroom mirror, but it worked wonders on my skin. My pores look smaller and it has cleared up my blackheads.

**6 Philips VisaPure, £150**  
The cleansing process felt thorough, but not aggravating. And in under a week, my skin was smoother and my make-up became easier to apply as a result.